

OUR SERVICES

HOUSING TRANSITION

A housing transition services provider (a person or agency) helps a person plan for, find, and move into housing.

HOUSING SUSTAINING SERVICES

A housing sustaining services provider (a person or agency) helps a person keep their housing after they have moved in.

HOUSING CONSULTATION

A housing consultant helps a person who doesn't have MA case management develop a person-centered plan that addresses their needs, wants, and goals for living in the community.



IT IS OUR CORE BELIEF THAT YOU CAN ACHIEVE YOUR DREAMS. WE BELIEVE SECURE HOUSING IS A PART OF YOUR JOURNEY."



CONTACT US

1 West Water St Suite #220 St.
Paul, MN 55107
C: 651-417-9112
F: 651-318-3637
www.exnesh.com



THE EXPERIENCE OF NESHAMA

HOUSING STABILIZATION SERVICES

Helping navigate your housing needs

WE ARE HERE TO HELP!

**Call or Text
651-417-9112**

YOU CAN GET HOUSING STABILIZATION SERVICES IF YOU...

- HAVE MEDICAL ASSISTANCE (MA)
- ARE 18 OR OLDER
- ARE DISABLED OR HAVE A DISABILING CONDITION
- ARE IN ONE OF THE FOLLOWING SITUATIONS:
 - HOMELESS OR AT THE RISK OF HOMELESSNESS
 - MOVING OUT OF AN INSTITUTION, NURSING FACILITY, OR CERTAIN OTHER GROUP SETTINGS, OR
 - AT RISK OF INSTITUTIONALIZATION
- ARE ASSESSED TO NEED HELP WITH AT LEAST ONE OF THESE AREAS:
 - COMMUNICATION
 - MOBILITY
 - DECISION-MAKING, OR
 - MANAGING MOODS AND BEHAVIORS
- ARE NOT GETTING SIMILAR SERVICES FROM OTHER PROGRAMS

HOW TO GET SERVICES

1. GET AN ASSESSMENT FROM A...

- QUALIFIED PROFESSIONAL, MENTAL HEALTH PROFESSIONAL, NURSE PRACTITIONER OR DOCTOR
- CERTIFIED ASSESSOR (WITH AN MNCHOICES ASSESSMENT)
- SENIOR CARE COORDINATOR, OR
- COORDINATED ENTRY ASSESSOR

2. MAKE A PERSON CENTERED PLAN

- WITH ONE OF THE FOLLOWING, A MA-WAIVER CASE MANAGER, SENIOR CARE COORDINATOR, OR TARGETED CASE MANAGER
- THAT PERSON WILL HELP YOU UPDATE YOUR PLAN TO INCLUDE HOUSING STABILIZATION SERVICES, OR
- YOU CAN GET HELP MAKING A HOUSING FOCUSED PERSON-CENTERED PLAN FROM A REGISTERED HOUSING CONSULTANT
 - CALL AND SCHEDULE A CONSULTATION AT **651-417-9112**

3. GET APPROVED

- YOUR ASSESSMENT, PROOF OF DISABILITY, AND PERSON - CENTERED PLAN WILL BE SENT TO THE MINNESOTA DEPARTMENT OF HUMAN SERVICES (DHS) FOR APPROVAL



CONTACT US!

- CONTACT THE EXPERIENCE OF NESHAMA AT **651-417-9112**
- VISIT OUR WEBSITE AT WWW.EXNESH.COM
- COME TO OUR OFFICE AT
1 WEST WATER ST SUITE #220 ST.
PAUL, MN 55107